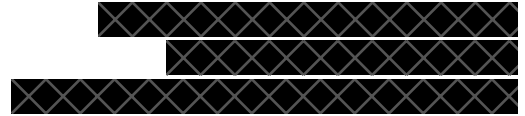


Dr Alice Brown



SUMMARY

I am passionate about applying psychology to secure the best possible outcomes for children and young people to ensure that they fulfil their potential, develop high aspirations for their future and become resilient young adults. I believe that every child and young person has the right to be a fully included member of the community they live in and support educational settings to enable this to happen by reducing the permanent exclusion of children with SEND. I use consultation and solution-focussed questioning to facilitate positive change. I encourage a holistic view of the child by using an eco-systemic approach to highlight the reciprocal nature of the interactions between the child and their environment. My specialist areas of interest include early childhood trauma, child and family mental health, Autistic Spectrum Conditions, coaching and supervision, and staff wellbeing.

WORK EXPERIENCE

02/23 – Current **DIRECTOR**

APCB Psychology Ltd

Setup and run a private coaching and psychology practice.

Key achievements:

- Manage and supervise two Assistant Psychologists
- Develop training and resources on parental burnout
- Develop a model of practice based on attachment and trauma informed approaches called The Parent Harbour® approach

11/21 – 01/23

PRACTITIONER PSYCHOLOGIST

Keys Group

Lead psychologist offering consultation, assessment and training to children's care homes and specialist schools in a geographical area.

Key achievements:

- Provide consultation, support, and training to care home and school staff for children whose placements are at risk
- Setup a research project to look at school non-attendance in the Looked After Children population
- Supervise an Assistant Psychologist

09/20 – 05/21

EDUCATIONAL PSYCHOLOGIST

Solihull MBC

Carry out the duties of a Local Authority Educational Psychologist.

Key achievements:

- Support staff using consultation at a mainstream secondary school with a high number of children with emotion-based school avoidance
- Supporting families using consultation on the Covid-19 Family Line
- Supervise a Trainee Educational Psychologist

01/15 – 05/21

DIRECTOR

The Wellbeing Treehouse Ltd

Setup and run a private psychology practice providing services to parents, local authorities, schools and organisations.

Key achievements:

- Support a local authority with a research project investigating the usefulness of the Strengths and Difficulties Questionnaire in assessing the mental health needs of Looked After Children
- Facilitate a Video Enhanced Reflective Practice Group for Emotion Coaching champions commissioned by the Public Health funded Somerset Emotion Coaching Project
- Setup and run the online community, Adverse Childhood Experiences - Trauma-Informed Community UK (<https://www.facebook.com/groups/443509246084489/>)
- Develop and deliver training on parental mental health to social workers supporting vulnerable families

04/18 – 08/20

SENIOR SPECIALIST EDUCATIONAL PSYCHOLOGIST (ASD)*Milton Keynes Council*

Carry out the duties of a Local Authority Educational Psychologist. Work strategically to develop good practice in ASD across Milton Keynes.

Key achievements:

- Provide training to EPS on mental health and ASD
- Provide specialist training on meeting the mental health needs of children with PMLD to special school staff
- Participate in a working group to revise the assessment tools used by the LA to assess the needs of children with speech, language and communication needs, and ASD

08/15 – 04/18

EDUCATIONAL PSYCHOLOGIST*Warwickshire County Council*

Carry out the duties of a Local Authority Educational Psychologist.

Key achievements:

- Design and deliver training for the Attachment Aware Schools Project
- Design and facilitate nine-week workshop programs for special guardians and adoptive parents on parenting children with attachment needs
- Deliver Circle of Adults with school staff for children who are looked after and at risk of permanent exclusion
- Facilitate a PATH (Planning Alternative Tomorrows with Hope) with a staff group at a special school to plan a new nurture provision for children with Social, Emotional and Mental Health needs
- Monitor placements for children and young people in various Independent Specialist Provision settings, supporting placement stability and completing assessments to inform transfer from Statement to EHCP
- Complete a quality assurance visit for an Independent Specialist Provision used by the Local Authority
- Supervise a Trainee Educational Psychologist

08/14 – 08/15

EDUCATIONAL PSYCHOLOGIST*Northamptonshire County Council*

Carry out the duties of a Local Authority Educational Psychologist.

Key achievements:

- Support the parents of a young person who was not attending secondary school (anxiety-based school refusal) using Video Interaction Guidance to improve their communication with their son
- Facilitate a PATH for a secondary-aged young person attending a specialist school for young people with Social, Emotional and Mental Health needs
- Complete ADOS (Autism Diagnostic Observation Schedule) assessments with children to contribute to multi-disciplinary diagnostic assessments for ASD

11/10 – 07/14

CHILD AND EDUCATIONAL PSYCHOLOGIST*Reading Borough Council*

Carry out the duties of a Local Authority Educational Psychologist.

Key achievements:

- Work with a Head of Service in the Local Authority to create a service for children and young people at risk of going into care using Video Interaction Guidance
- Design and deliver a program to promote confidence and self-esteem in teenage girls with a lead practitioner from the Youth Team
- Design and deliver a program to support self-regulation and social and emotional intelligence with a Specialist Speech and Language Therapist
- Facilitate a Video Enhanced Reflective Practice Group for two NQTs and an experienced teacher whose class had a high number of children with SEND
- Lead on a research project commissioned by a school to investigate parental engagement in the school community

09/06 – 10/10

TRAINEE EDUCATIONAL PSYCHOLOGIST*Various Local Authorities: Southwark / Plymouth / Swindon / Oxfordshire*

Complete aspects of the Educational Psychologist role, under supervision, with increasing levels of independence.

EDUCATION

2006 – 2010

Doctor of Educational, Child and Community Psychology

University of Exeter

2003 – 2003

Postgraduate Diploma in Applied Psychology

La Trobe University, Australia

2000 – 2002

Bachelor of Behavioural Neuroscience

Monash University, Australia

SKILLS AND ADDITIONAL TRAINING

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| <ul style="list-style-type: none"> • Psychological consultation, assessment, and formulation • Person Centred Planning (e.g. PATH) • Visual Problem Solving (e.g. Circle of Adults) • SCERTS Model intervention planning • Acceptance and Commitment Therapy (Beginners and Trauma-Focused) • Dyadic Developmental Psychotherapy (Level 1 and 2) | <ul style="list-style-type: none"> • Video Interactive Guidance • The Solihull Approach • Emotion Coaching UK • Tuning In To Teens facilitator • Video Enhanced Reflective Practice • Coaching and staff development • Training and intervention development, delivery, and evaluation • Quantitative and qualitative research methods |
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MEMBERSHIPS

- HCPC Registered as Practitioner Psychologist ()
- British Psychological Society Chartered member ()